

Menu Listing with Traffic Lights and Allergens

sarah.rowe@educatering.uk

ST ANDREWS APRIL 26 MENU WEEK 1 DAY 1

Legend

✓ Contains

? May Contain

! No Data

- Celery
- Cereals containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Sulphur Dioxide and Sulphites
- Soya









Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Tomato & Mozzarella Pasta Bake	1041.1	NONE 248.8	NONE 6.1	NONE 2.9	NONE 37.4	Contains: Wheat.	✓						✓							✓
Primary Spinach, Cheese & Potato Pie	1579.5	NONE 377.5	NONE 19.9	NONE 8.4	NONE 41.9	Contains: Wheat.	✓						✓		✓					?
Primary Homemade Focaccia Bread	323.6	NONE 77.3	NONE 1.1	NONE 0.2	NONE 14.3	Contains: Wheat.	✓													?
Primary Fine Green Beans	60.3	NONE 14.4	NONE 0.3	NONE 0.1	NONE 1.9															
Primary Salad Sticks (Hand Cut)	58.6	NONE 14.0	NONE 0.1	NONE 0.0	NONE 2.9															
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4															
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4								✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1281.0	NONE 306.2	NONE 8.1	NONE 0.7	NONE 44.2				✓	✓					?					
Primary Fresh Fruit Platter	149.0	NONE 35.6	NONE 0.2	NONE 0.0	NONE 8.6															

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Primary Pasta with Cheese Sauce with Cheese or Ham	1553.0	 371.2	 15.2	 6.8	 42.2	Contains: Wheat.	✓						✓	✓						?
Primary Sandwich Devon Ham	1166.9	 278.9	 8.7	 2.3	 32.6	Contains: Wheat.	✓													✓

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ST ANDREWS APRIL 26 MENU WEEK 1 DAY 2

Legend

- ✓ Contains
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- ! No Data





- Celery
- Cereals containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Sulphur Dioxide and Sulphites
- Soya

Description	Energy	Fat	Saturates	Sugars	Salt													
Primary Chicken Goujon Burger (Prove & Bake Roll)	1130.5	NONE 270.2	NONE 5.4	NONE 2.1	NONE 41.0	Contains: Barley, Rye, Wheat.												
Primary Vegetable Fajita Wrap	593.2	NONE 141.8	NONE 6.8	NONE 2.5	NONE 15.5	Contains: Wheat.												
Primary Potato Wedges (Hand cut)	501.9	NONE 120.0	NONE 5.2	NONE 0.7	NONE 17.2													
Primary Sweetcorn & Red Pepper Salad	152.8	NONE 36.5	NONE 0.8	NONE 0.2	NONE 5.5													
Primary Rainbow Slaw (Hand Cut)	335.4	NONE 80.2	NONE 7.2	NONE 0.6	NONE 3.2													
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4													
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4													
Primary Jacket Potato with Tuna Mayonnaise & Salad	1281.0	NONE 306.2	NONE 8.1	NONE 0.7	NONE 44.2													
Primary Orange Jelly Vegan	5.6	NONE 1.3	NONE 0.1	NONE 0.0	NONE 0.8													

ST ANDREWS APRIL 26 MENU WEEK 1 DAY 2

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Sandwich Cheddar Cheese	1359.0	 324.8	 14.2	 5.7	 34.2	Contains: Wheat.	✓						✓							✓

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ST ANDREWS APRIL 26 MENU WEEK 1 DAY 3

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Celery
 Cereals containing Gluten
 Crustaceans
 Eggs
 Fish
 Lupin
 Milk
 Molluscs
 Mustard
 Nuts
 Peanuts
 Sesame
 Sulphur Dioxide and Sulphites
 Soya











Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya		
Primary Sandwich Cheddar Cheese	1359.0	 324.8	 14.2	 5.7	 34.2	Contains: Wheat.	✓						✓								✓	
Primary Sandwich Devon Ham	1166.9	 278.9	 8.7	 2.3	 32.6	Contains: Wheat.	✓															✓

ST ANDREWS APRIL 26 MENU WEEK 1 DAY 5

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- Celery
- Cereals containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Sulphur Dioxide and Sulphites
- Soya

Description	Energy	Fat	Saturates	Sugars	Salt														
Primary Salmon Fingers	35.8	 8.6	 0.6	 0.1	 0.5	Contains: Wheat.													
Primary Fresh Chopped Salad	22.9	 5.5	 0.1	 0.0	 0.9														